



June 26, 2005 [Sun]-\$3,000+ in cash & prizes!

CBR BAR (Best All-around Racer) Series #5 of 6

Category III Women scored separately, but race with I/II's!

United States Cycling Federation racers receive a **FREE**, 1-day California Bicycle Racing license!

THE ANGER MANAGEMENT
CRITERIUM PART IV

Category/Class	Time	Start Time	Places	Limit	Purse	Fees
Category V-Public (free clinic)	30 min.	7:00 a.m.	5	50	Prizes 5-deep	\$18
Masters 40+ IV/V	40 min.	7:50 a.m.	5	100	Prizes 5-deep	\$18
Category IV	40 min.	8:35 a.m.	5	100	Prizes 5-deep	\$18
Masters 30+ III/IV	40 min.	9:20 a.m.	5	100	\$200 (Cash)	\$20
Masters 40+ I/II/III BAR Series	50 min.	10:05 a.m.	5	125	\$500 (Cash)	\$25
Category III	50 min.	11:00 a.m.	5	100	\$250 (Cash)★	\$22
Masters 30+ I/II/III BAR Series	60 min.	11:55 a.m.	5	125	\$500 (Cash)	\$25
Women I-III	45 min.	1:00 p.m.	5	100	\$250 (Cash)*	\$22
Women IV	30 min.	1:01 p.m.	3	100	Medals, top-3	\$15
Pro/I/II/III Men BAR Series	75 min.	1:45 p.m.	10	125	\$1,000 (Cash)	\$27

- Pro Racers** Eligible for Pro-Elite category purse and prizes only: cannot race in age-graded, i.e., MASTERS categories
- Free Clinic** Cat. V racers receive a **FREE** clinic before race (numbering, cornering, group racing, front-wheel protection, teams)
- Licensing & Stuff** CBR annual, licensed members can deduct \$7 from their entry fee. *-if less than 20 racers, then it's \$125
★-if less than 60 racers, then it's \$125. Extra races are \$10. Women race **FREE** after 1st race paid!
- Registration** 6:30 a.m. start. Waivers can be obtained at race or can be downloaded at: www.CaliforniaBicycleRacing.org
- Payment** Pre-registration (info needed [name/race event/racing category/team/age] and payment) must be received no later than June 24, 2005; otherwise, add \$7. Waivers can be signed on race day. Entries paying by credit card, go to: www.active.com No refunds, no temporary checks, and no two-party checks! Mail checks (personal, business, or cashier's) or money orders & make them payable to: **VNC Racing; Post Office Box 114; Sunset Beach, CA 90742.**
- Course** .9-miles, 4 right-hand turns, slight rise at finish and no dots! Great pavement!
- Support** No liability for lost/stolen wheels. Helmet worn at all times while on race course. Common courtesy to officials, staff, and volunteers is expected! 2005 CBR Rules & Regulations in effect. **BAR points awarded only to annual members**
- Directions** **Easy to find-only 2 turns!** From 405 Freeway, exit WILMINGTON, go north to CASHDAN, then turn right, go to DOMINGUEZ HILL DRIVE. From 91 Freeway: exit WILMINGTON, go South to CASHDAN, then turn left, go to DOMINGUEZ HILL DRIVE. **ENTRANCE TO PARKING FROM CASHDAN OFF OF WILMINGTON.**
- Questions** Call Christopher Lotts 714/356-1214; email at VNCRacing@hotmail.com

2005 BAR Series Calendar

- Race #1: The 1st Annual Labor Power/Mesothel Crit (03/06/05)
 - Race #2: The 2nd Annual Ride It Like You Stole It Bike Race (04/12/05)
 - Race #3: The San Clemente Challenge Circuit Race (05/14/05)
 - Race #4: The 3rd Annual Clif Bar/Clif Shot Crit (05/22/05)
 - Race #5: The 4th Annual Anger Management Crit (06/26/05)
 - Race #6: The BAR Series Finale/State Crit Championships (08/06/05)
- Final BAR Series award of \$1,000 to top-10 in Pro/I-III, Masters 30+ & 40+**

Best All-around Racer (BAR) SERIES!

BAR Points to CBR top-20 finishing racers

1 st -21	6 th -15	11 th -10	16 th -5
2 nd -19	7 th -14	12 th -9	17 th -4
3 rd -18	8 th -13	13 th -8	18 th -3
4 th -17	9 th -12	14 th -7	19 th -2
5 th -16	10 th -11	15 th -6	20 th -1

