

California Bicycle Racing, Rules & Regulations (expires 12/31/05)

I. Index of Fees

A. ANNUAL MEMBERSHIP FEES

Racers applying before 01/31/05	\$25
Racers applying after 02/01/05	\$30
Clubs	\$50

*Age is racing age which is whatever age you are on December 31st of the current year.

Memberships shall be valid until December 31 of the issue year. Memberships are open to any interested person or organization. Fees shall be paid to California Bicycle Racing. The Executive Director and Technical Director review and establish these fees on an annual basis. The replacement fee for a lost license is \$10. One membership fee covers all types of membership.

B. EVENT FEES

Fun Rides and Club Events

The sanctioning fee for a noncompetitive mass participation event, such as a touring ride, fitness ride, etc. is \$50 per event. The sanction fee for club rides and other club activities, such as clinics, is \$10 per event.

Race Sanctions/Permits

The permit fee for a race is \$25 per day. The sanction fee for an event is 0% of the total prize list (including primes and estimated merchandise value) for the event if the sanction application is received by CBR at least 45 days in advance of the event. For sanction applications submitted to CBR 30-44 days in advance, the sanction fee will be 10% (minimum \$150). For sanction applications submitted to CBR 16-29 days in advance, the sanction fee will be 15% (minimum \$200). Sanction applications will not be accepted less than 15 days before the event. Category D races that are part of an ongoing race series, i.e. weekly training races, will have a sanction fee of \$20 per month minimum. Sanction fees for events that are part of a series shall be determined by dividing the total prize list by the number of events. Sanction fees are refundable when a sanction application is not approved. A sanction fee can be waived only by the Executive Director.

Insurance Fees

Insurance certificates fees for landowners, municipalities, other governmental agencies, etc., are included in the sanction application fee. There will be an additional

fee of \$50 per insurance certificate request for sponsors. Each promoter will pay the insurance fees listed below at the conclusion of their event, in the form of a check made out to California Bicycle Racing.

For fun rides, tours, and other non-competitive events, the promoter will send the insurance surcharge directly to California Bicycle Racing. For competitive events, the Chief Official will collect the money from the promoter and turn it over to California Bicycle Racing. The Executive Director reserves the right to require an insurance fee deposit. The rate listed below is per rider per day, and is subject to change during the year.

\$1.85 track races and fun rides
\$1.85 road events
\$2.00 off road events

Promoter Fines

A promoter who does not issue an official race leaflet for a competitive event in accordance with the requirements specified in the rules shall pay a fine of \$100 and may not collect Late Fees.

A promoter who pays out more than specified on the sanction application shall be fined 10% of the additional amount.

A promoter who uses numbers that do not meet the specifications in the rules shall be fined \$100.

All promoter fines shall be collected from the race promoter and turned over to California Bicycle Racing.

Participant Fees

Race entry fees for mass-start road events

Event Category	Entry Fee No Greater Than
A	\$50.00
B	\$40.00
C	\$30.00
D	\$20.00
E	\$15.00

Surcharges

A race promoter may impose additional surcharges, to the maximum listed below, on a participant's entry fee as listed one the next page:

Members not aligned with a club	\$5
Late entry	\$10

*Participants may not be surcharged more than once for each transgression on any given day.

**Late entry surcharge will not apply if promoter did not meet requirements of rules

regarding official event flyer composition and distribution.

Request-to-Review and Technical Petition Fee

A fee of \$75 is required for the commencement of the request-to-review process. The fee will only be returned if the review results in a reversal of decision. The fee for a petition for the Technical Director to review a decision is \$150. The fee will only be returned in the event of a reversal of the decision by the Technical Director.

C. OFFICIALS' FEES

The executive Director or Chief Official shall prepare an officiating invoice for the promoter before or during the event. Upon receipt of an official invoice from the Executive Director or Chief Official, the race promoter shall pay each official before the start of the last race of the day.

The promoter shall also pay each official the cost of their travel at the current Internal Revenue Service rates for personal car mileage, or the cost of around-trip ticket and appropriate taxi charges, whichever is less. In addition, the promoter shall pay a per diem meal rate to each official, \$20 per day for multi-day events, or \$5 for single day events, unless the equivalent in meal value is provided at appropriate times during the event. Housing shall also be provided by the promoter for officials when necessary before, during, or after the event.

Any related expenses incurred by the Chief Official, such as phone calls or copying costs directly related to the event, shall be charged to the promoter and included in the invoice. For multi-day events, the daily officiating and meal fee shall be paid for each day of the event, including rest days. If the event is canceled, and the officials have already begun travel to the event, the promoter will pay each official their expenses and half of one day's officiating fee.

Promoters are encouraged to pay officials by check for record-keeping purposes, but must allow the officials to sign the checks over at the event in exchange for cash if they wish. The Executive Director can increase or decrease the posted fees to meet the demands of each individual race.

The officials' fees are established by the Technical Director on an annual review basis:

Event Category	Chief Official	Judge	Others
Cat A-D	\$100	\$90	\$75

II. Racing Rules

A. SCOPE

California Bicycle Racing (CBR) provides equal opportunities under these rules to its members and other interested parties to participate in bicycling, bicycle racing, and event promotion without discrimination on the basis of age, color, national origin, race, religion, sex, or sexual orientation.

These rules shall govern all events sanctioned by the CBR and remain in effect until revised or changed.

Requests for exceptions or additions to these rules will be reviewed and can only be approved by the Executive Director or Technical Director, unless otherwise designated, and must be submitted for approval at the time of request for sanction.

Members and other participants in CBR events are subject to these rules from the start of event registration until all of the results of an event are deemed to be final. Specific approved rules take precedence over general rules.

CBR recognizes USADA (US Anti Doping Assn.) suspensions, and this rule is retroactive to 01/01/05

B. CATEGORIZATION

Member Categories

All members will be categorized according to ability, and will be assigned a category for road, track, and off-road, which will be indicated on their license. Unlicensed cyclists applying for a CBR license will be assigned category 5 for men and category 4 for women unless proof of higher categorization in another cycling organization is produced. The CBR Technical Director will oversee the upgrading and downgrading process in conjunction with the Executive Director of CBR.

Categories

- Members must participate in the category indicated on their CBR membership card.
- Master participants may engage in any events for their age or younger, in their category, but not junior races. Master riders are those 30 years old (racing age) and older.

- Masters Women may compete in Masters Open Races up to ten years older than their racing age.
- Senior (> 18 years of age, men and women) may only participate in events for their age and category.
- Junior participants (<18 years of age) may engage in events for their age and category or senior events for their category.

Category, Performance Level

1	Elite Level
2	Advanced Level
3	Intermediate Level
4	Apprentice Level
5	Novice Level

Event Categorization

Event categories are assigned based on the total prize list of the event.

Category	Total Prize List
A	\$10,000
B	\$5,000-\$9,999
C	\$2,500-\$4,999
D	\$1,000-\$2,499
E	<\$1,000

Category Upgrading

Category upgrades will mirror those of the United States Cycling Federation, i.e., USA Cycling.

C. MEMBERS

- A member's age is defined as their age on December 31 of the current year.
- A CBR membership shall be valid from January 1 until December 31 of the issue year.

Club

Members:

- must be in good status with their club
- club name must be indicated on their CBR member card
- members will be subject to unattached rider fees if they do not belong to a CBR-recognized club
- members may transfer club membership by sending a request for change to CBR along with a letter of acceptance from their new club
- members who falsely present themselves as club members at an event can be subject to disciplinary action, up to and including permanent license revocation

D. PENALTIES FOR INFRACTIONS

- Penalties for infraction of the rules include, but are not limited to: relegation, disqualification, fines, suspension, and revocation.
- Penalties may be levied against members, promoters, other participants, and clubs. Relegations can be assigned to placing, points, or time.
- Disqualifications can be assessed for the event, for the day, or for a complete multi-day event.
- Suspensions will be issued only after review and recommendation by the CBR Technical Director.
- Revocations can be levied and enforced for any length of time, including permanently.
- Any special schedule of fines for an event must be proposed to CBR at the time of the event sanction application, and must be approved by the Executive Director or Technical Director. The approved special schedule of fines must be listed on the official entry form. Failure to meet these requirements will disallow use of these fines.

E. REQUEST-TO-REVIEW AND PETITIONS

Request-to-Review

- A request-to-review may be lodged with the Chief Official to examine and review an officiating decision.
- The request must be lodged within 15 minutes after the results of the event are posted.
- The request should be submitted to the Chief Official on the "CBR Request for Review Form" (available from the Chief Official), accompanied by a \$75 fee. The \$75 fee will not be imposed upon requests regarding results or placings in an event. The request will be considered and acted upon as soon as possible. The Chief Official may solicit the opinions of other assigned officials and input from others as the Chief Official deems necessary to render a decision.
- Requests related to qualification to participate must be lodged with the Chief Official at least 15 minutes before the start of the event, and need not be in written form.
- The decision of the Chief Official is final.
- Any concerns regarding rider conduct will be brought to the attention of the Chief Referee by having all parties present themselves to the Chief Referee.
- The Chief Judge shall hear all requests to-review concerning the results of an event, immediately after the results are

posted. These requests will be heard and decided upon in a timely manner, and the decision(s) rendered will be absolutely final. The Chief Judge shall place a hold on declaring the results final until the matter is resolved.

Petitions

- A petition may be made to the Technical Director for examination and review of any decision.
- The petition must be submitted to the CBR office on the "CBR Technical Petition Form" (available from the Chief Official or the CBR office)
- The petition must be accompanied by a \$150 fee.

F. EVENT REGISTRATION

- CBR "Accident Waiver and Release of Liability" forms or entry reservation forms must be in the hands of the promoter by the pre-registration deadline indicated on the official event flyer, or late entry penalties (fees) may be levied if so indicated on the official event flyer.
- The Technical Director or Executive Director may deem late entry penalties for a given race invalid and uncollectible if the official event flyer is not widely distributed. A participant who is eligible to enter more than one event in a sanctioned event may do so upon paying the additional entry fee(s) and filling out an additional waiver/release form.
- Participants entering more than one race per sanctioned event do not have to pay late entry fees for the additional race entries beyond their first entry.
- Competing or attempting to compete in a CBR event without properly registering will result in disqualification and a 30 day suspension of membership and/or participation privileges.
- The promoter assumes responsibility for guaranteeing that every entrant is properly entered in the event, which includes that a CBR "Accident Waiver and Release of Liability" form is properly filled out and submitted for each entrant.
- Members must show a current CBR license when they register. Time of registration closing for each event must be stated on official event flyer.
- Individuals who promote a race under the guise of CBR without an approved permit can be held criminally and/or civilly liable.
- Registered racers of any CBR state championship event must have a valid annual license to be eligible for the state jersey (winner). If the winner does not have a CBR annual license, then the highest-placed racers that does have a CBR annual license will be awarded the winner's jersey.

G. ACCIDENT WAIVER AND RELEASE OF LIABILITY

- In taking part in an event conducted under CBR sanction, either by competition or the registration process, the participant (or if a minor, the parent or legal guardian who consents to the minor entering) admits complete and comprehensive understanding and approval of the rules of the event and the terms in the CBR "Accident Waiver and Release of Liability" form and any state or local laws.
- All entrants must affix their original signature to and surrender to the promoter of the event the written release form and entry document CBR "Accident Waiver and Release of Liability" form by the closing time of their registration period for the event.
- The stipulations in the CBR "Accident Waiver and Release of Liability" form shall be absolutely binding even when a CBR "Accident Waiver and Release of Liability" form has not been signed and surrendered to the promoter.

Disclaimer

All who participate in any CBR-sanctioned events, whether or not they hold a CBR license, act at their own risk. CBR makes no express or implied warranty of safety or guarantee against damage, loss, harm, injury, or death to participants, spectators, or others as a result of publication of or compliance with these rules, and therefore, no liability shall be affixed to CBR or any of its members, sponsors, promoters, or officials for detriment or injury resulting from participating in CBR-sanctioned events.

H. ENTRANT LIMITS

An entrant minimum of 5 will be used if no such minimum was stated in the official event flyer. If the minimum is stated in the official event flyer, and the entrant sum for an event is below this minimum, the promoter may cancel the event, but must refund the entry fees of those entrants who wish refunds. An alternative solution is to combine the event and its prize list with another event on the same day. The latter solution is preferred. An entrant limit maximum of 100 shall be used if no such limit is stated in the official event flyer and sanction application.

I. OFFICIALS

- must hold a CBR membership
- are assigned to events by the Chief Official, Executive Director, or the Technical Director

- are bound by the CBR rules to supervise the event, to perform officiating duties, and to report infractions
- must be unbiased
- must be paid per the CBR Fee Schedule

Officials' Dress Code

- Official attire shall be of an appropriate and conservative nature.
- Wheel pit officials, feed zone officials, and motorcycle officials may wear black-and-white striped shirts and may wear black pants.
- When available, the CBR official emblem must be visible on the left side of the shirt. Emblems will be sent out with official licenses on a yearly basis and can be purchased at other times during the year from the CBR.
- The Executive Director may dictate the official dress code when appropriate.
- Officials will not wear clothing containing wording or advertising that could be construed to give the appearance of bias toward sponsored participants.

Chief Official

- of an event is assigned by the CBR Executive Director or the Technical Director.
- may not be involved in promoting or organizing an event or be a member of the sponsoring organization, except by approval of the Technical Director under special circumstances, or unless no CBR official within a reasonable distance is available.
- is in charge of the event.
- manages the other officials assigned to the event.
- assures compliance with the rules, and renders decisions on situations not directly encompassed by the rules.
- may alter the duration of any event and may temporarily neutralize, halt or cancel any event if conditions warrant.
- may cancel an event if hazardous or badly organized conditions exist.
- assigns and enforces penalties for infractions of rules by participants and may recommend suspension of any member who commits infraction of the rules or other offenses.
- has the right to remove any participants that they deem to be out of contention, at any point during the event. Participants ignoring instructions to retire from the event will be disqualified and will be subject to suspension.
- is responsible for preparing a bill for payment of officials of the event and the insurance charges and submitting it to the promoter.
- is responsible for turning over the check for the insurance surcharge check

and a report to CBR within 10 days of the event.

- Decisions made by the Chief Official are final unless overturned by the Technical Director after due petition and review.

Assistant Officials

Assistant officials, including the Chief Judge, are assigned to events by the Technical Director, the Executive Director, or the Chief Official.

Judge

- is accountable for the order of finish
- will make sure that the final results are posted as soon as possible after the finish of an event,
- assures that the final results are placed in a readily accessible area for viewing.

J. EVENT MECHANICS

Timing

- In timed events, stopwatches and other timing equipment must have a resolution of 0.01 second or better.
- When hand-timing equipment is used, the results shall be averaged.
- Automatic timing must be accompanied by hand-timing.

Event starts

- Events may not begin before the official start time listed in the event flyer unless all registered participants for that event have agreed.
- Participants are wholly responsible for finding the start line, knowing the course, knowing the rules of the event, and reporting to the start line in advance of the official start time of their event.
- The Chief Official, other designated official, or announcer (under direct supervision of the Chief Official) shall give the starting instructions.
- Events may be started by gunshot, whistle, or voice command, either by an official, or by a designated honorary starter. The use of a starter pistol is encouraged.
- The Judge is responsible for validating the start.

Event Neutralizations

Temporary Neutralization

- shall be signaled with a single gunshot and instructions shall be given immediately by the announcer; participants shall decrease speed and continue on course until they receive a signal from the officials to begin again or the event is halted.

- During neutralization, participants must remain behind the pace car, if applicable.

Halt

- In the advent of the necessary halt of an event, the Chief Official or other designated official shall announce on a megaphone/public address system or use repeated whistle blasts, and instructions shall be immediately be given by the announcer. All participants must stop as soon as reasonably possible in this situation.
- If and when the Chief Official determines that it is safe to resume the event, participants will be lined up at the start line or another convenient area and further instructions will be given before the restart.

Free Laps / Recognized Mishaps

- Free laps are granted in criteriums in the event of a Recognized Mishap unless the official event flyer states that none will be allowed.
- Recognized Mishaps include:
 - participant has crashed
 - participant's bicycle has breakage of a necessary part
 - participant's tire is punctured
- A Recognized Mishap shall entitle the participant to a free lap during the period of the event which allows such.
- Participants wishing to receive a free lap can only make repairs in the wheel pit under the supervision of the pit official.
- Participants may cut the course to get to the wheel pit only if so permitted and announced at the start of the event by the Chief Official or designated official starter.
- Participants must return to the event at the rear of the group in which they were riding. Participants will be returned to a position relative to where they were located before the Recognized Mishap, if possible.
- Participants returning to events after a free lap shall not be eligible for primes and sprint points for one lap after their return.
- No free laps are allowed in the final 5 km (3 miles) of an event or a distance set at the discretion of the Chief Official.

Prime/Purse Prize list

- Primes will be either predetermined for implementation on certain laps or spontaneously specified.
- The prize list is the total monetary value of the prime list and purse list combined. The prime list and purse list will be available for inspection/review before the start of the first day's event.
- A permit holder of CBR does not have the right to reduce the prize list stated on the flyer; promoters who reduce or "chop" their prize lists will be disciplined according to the rules of CBR..

Feed Zones

- Feed zones may be designated by the Chief Official for any race over 60 minutes in length, or for adverse weather conditions warranting such (ex. high temperature).
- Feeding may only be accomplished in a way that is not prohibitive to another participant's progress.
- Feed zones must be along the right side of the road except under unusual circumstances. Unusual placement of feed zones must be approved by the Chief Official in advance of the event.
- Feed zones must be delineated by appropriate markers, and should have an official positioned in them.
- Participants who accept food or water from spectators do so at their own risk.
- Participants may only discard biodegradable materials.
- Water bottles and other equipment may not be thrown in criteriums or in areas of other events where there are large numbers of spectators, except in designated feed zones.

Caravans

- All caravan vehicles must receive pre-event approval from the Chief Official. The Chief Official will determine caravan order.
- All vehicles must adhere to instructions and direction from the Chief Official, or will face removal from the event.
- No vehicles other than those officially recognized and considered necessary by the Chief Official are permitted to follow the event.
- Each caravan vehicle should contain an official, if possible.
- If motorcycles are used in CBR sanctioned events, drivers and passengers must wear helmets meeting U.S. Department of Transportation standards. If this requirement is not met, the motorcycle will be barred from participating in the event.
- Support vehicles shall keep to the right of the road and shall follow the rules of the road. Should a support vehicle need to stop, it shall always pull off the road on the right side. Participants shall only be assisted at the back of their group, regardless of their position in the event.
- Participants exchanging bicycles may not receive water bottles or food containers on them, but can transfer theirs over. Caravan vehicles may pass an official's vehicle only with permission. Caravan vehicle drivers must be currently licensed drivers with available insurance information.

Placings

- Placings in an event are judged according to the order in which the tips of the front wheels of bicycles meet at the point of tangence with a vertical plane extended above the finish line.
- The bell will be rung at the start of the last lap of an event; if the bell is rung in error, the Chief Official in consultation with the Chief Judge shall make a decision about how the finish will be scored.
- If there is a dead heat for first place, the participants involved shall re-ride a part of the course no more than 1 km (0.6 miles) or less than 300 meters (0.2 miles), as determined by the Chief Official. For places beyond first, the prizes for places shall be at the least equally divided. Participants must be accompanied by a bicycle at all times while participating. If a participant crashes while trying to finish an event, they may carry their bicycle over the finish line to receive their placing.

Results

- The results are not final until 15 minutes have passed without a protest. The finality of the results must be announced. Prizes may only be paid out after the results are final.

Refunds of entry fees

- No participant shall be granted an entry fee refund in most situations; however, the Chief Official will make the final decision in unusual circumstances.
- A disqualified participant will not receive an entry fee refund and cannot claim prize moneys, including primes.

K. EQUIPMENT

Bicycles

- For road and off-road events, bicycles with a freewheel and a functional brake on each wheel shall be used, except for time trials, for which fixed-gear bicycles with one functional brake may be used.
- Recumbent and tandem bicycles may only be used in events specifically slated for them.
- No fairings or fairing-like devices may be used.
- Handlebars and handlebar extensions must be plugged.
- Handlebar extensions used in off-road events must not extend any more than 6 inches beyond the handlebars.
- Handlebars extensions for road and track timed events cannot be used in massed start races. For roller races, either single-cog or freewheel systems may be used, but cranks must be at least 165 mm long and the maximum gear development allowed is 24'3".

Other Equipment

- Participants in CBR-sanctioned events must wear a properly-fastened helmet that meets or exceeds the bicycle helmet safety standard of the California National Standards Institute (ANSI) Standard 290.4, Snell Memorial Foundation Standard in the B or N series, or California Society for Testing and Materials (ASTM) Standard F-1447 AT ALL TIMES WHEN ON A BICYCLE.
 - The burden of proof of meeting these standards resides with the participant.
 - Participants who remove their helmet, do not wear one, or have it unfastened, are subject to immediate disqualification.
 - Jerseys and shorts or skinsuits must be worn in all events by members; nonmembers may wear T-shirts instead of jerseys.
 - Jerseys and T-shirts must have sleeves which cover the shoulders when shoulder numbers are used.
 - Clothing must be neat and clean at the beginning of an event.
 - Members may not wear the jersey of a club unless they are a member of that club. No electronic devices except for heart rate monitors, two-way radios, and bicycle computers may be used by participants or their bicycles.
- NOTE:** Any participants who are in violation of these equipment and clothing requirements will be subject to disqualification. Participants in CBR-sanctioned events are responsible for their selection of equipment, including helmets, and for taking precautions to ensure that the condition of such equipment is satisfactory and safe for utilization. Therefore, CBR, its members, those involved in a voluntary basis with a CBR-sanctioned event, promoters, organizers, and sponsors, are not responsible and shall not be liable for any loss, damage, or injury caused from or linked to, the status or sufficiency of any helmet or other equipment.

Numbers

- Racing numbers are to be furnished by the promoter. Racing numbers that are reused on a routine basis must be returned to the promoter.
- Promoters may require a refundable number deposit, but not to exceed \$10 per number. The deposit can be demanded by the promoter after the participant failed to return the race number to the promoter immediately following the conclusion of the day's event.
- The numerals must be black on a light-colored background and be at least 4 inches high and readable by video camera.
- Handwritten numbers are not acceptable.

- The Chief Judge will determine and enforce number placement. The racer is responsible for ensuring race number visibility by officials and video camera(s). If unreadable, then racer must reconcile matter before results are final.
- Numbers must not be folded or otherwise reduced in size.
- Participants must wear ALL numbers, including frame and helmet numbers if furnished.

L. CONDUCT

- Participants may be penalized for misconduct and un-sportsmanlike or disrespectful behavior towards others, including spectators.
- Penalties for such transgressions will range from counseling to monetary penalties to suspension.
- Misconduct shall be defined as, but not limited to, committing acts which are against the law, detrimental to CBR or the sport of cycling, disobeying officials, striking or attempting to strike another, undesirable language, foul riding, and abusive, obscene language or gestures prohibited at an event within sight or hearing of other participants or the general public.
- Participants damaging public or private property will be subject to disciplinary action.
- A participant may not be on the course during or interfere with a current event for which they have not registered. In addition, only duly-registered participants in an event may warm up on the course when permitted by the Chief Official.
- When accompanied by others in a sprint, no participant may disengage their hands from the handlebars, under penalty of relegation or disqualification. If alone, and the act of disengaging results in the participant crashing or otherwise losing control, sole responsibility lies with the participant.
- No participant may impede the forward progress of another participant in sprints by abrupt or dishonorable movements.
- If a course is not closed to traffic, all competitors MUST keep to the right of the center of the road. Participants shall observe traffic signs, including railroad crossing gates and obey all traffic laws. It is the participant's responsibility to stay on and know the course.
- Participants on different laps may not work together in criterium events. Lapped riders cannot assist other riders.
- No motorpacing, towing, or taking pace from a vehicle is allowed.
- No person affiliated with a CBR event (including participants, officials, race

announcers, corner marshals, and volunteers, and any others not in these categories) shall neither consume illegal substances nor be under the influence of illegal substances. If discovered to be in violation of the above rule, the offender shall be removed immediately from the event, and if a CBR member, shall be suspended for a period of not less than 1 month, or more than 1 year.

- Members who commit public urination at a CBR event shall be disqualified and suspended for a period of at least one (1) month.

M. EVENT COURSES

- Road surfaces must always be at least 5 m (16 feet) wide.
- Road race courses must be either completely closed to traffic or have a 'rolling' closure with police/security escort.
- For circuit road races, the circuit must be at least 5 km (3 miles) in length.
- The last 200 m (0.125 miles) before the finish line or sprint/prime lines should be delineated with an appropriate marker.
- The last 200 m (0.125 miles) before the finish line should be unimpeded by curves.

N. SPECIAL EVENT RULES

TIME TRIALS

- Starting order may be chosen by random selection, by numeric order, or by seeding.
- For team time trials, the number of participants required to finish and upon which participant the time is calculated, must be specified in the official race announcement.
- Only road bicycles shall be used in team time trials.
- Starting time intervals are recommended to be at least thirty seconds for individual time trials and one minute for tandem or team time trials.
- The start order sheet shall be posted 30 minutes before the first start time.
- Each participant or team shall report to the official starter at least two minutes before their start time.
- Participants or teams who miss their starts may start only when allowed by the official starter. If starting late, the participant's or team's original start time will be used in tabulating results.
- Participants should be held by an official. Teams shall all start the same way, with holders or with one foot on the ground.
- No participant may take pace behind another. No participants may ride abreast other than when attempting to pass and such attempts shall not be

maintained. No team shall take pace behind another team.

- Each support vehicle should contain an official.
- Vehicles shall at all times remain at least 20 (0.1 mile) meters behind the participant or team during the event.
- No participant may be given supplies or equipment during the event from the support vehicle.
- Only members of the same team may assist each other or share equipment or supplies.

OFFROAD RACES

Cyclocross

- No more than 50% of the course shall be paved; approximately 75% of it should be rideable.
- The length of a course lap shall be at least 1 km (0.62 mile). The beginning 200 m (0.125 mile) of the course at the start line shall be wide enough to allow for jockeying for position at the start.
- The course shall be at least 2 m (7 feet) wide at all points. Ditches and waterways should be no more than 1 meter across and deep.
- No artificial barrier shall exceed 40 cm (16 inches) in height. Natural barriers may be taller.
- The number of wheel pits shall be determined by the Chief Official. Under normal course conditions, bicycles and wheels may be exchanged only in case of mechanical accident, and then only in the wheel pit. If course conditions are muddy, the Chief Official may allow exchange of bicycles every lap.
- Free laps are not allowed.
- Participants on different laps may work together.
- Participants out of contention may be removed by the Chief Official.
- Dispersing water to riders is at the discretion of the promoter.

Mountain Bike Races

No downhill events will be sanctioned. Participants shall compete only on the same bicycle with which they began the event. All repairs shall be performed by the individual on the course or in a wheel pit. Equipment may not be removed from other bicycles for use in repair. Mounted participants have right of way over those pushing bikes; those pushing should keep to the least rideable part of the track when being passed and must not interfere with mounted participants. Lapped participants must yield to leaders. Leaders should warn those being overtaken; it is the responsibility of the over-taker to accomplish the maneuver safely.

O. BOARD of DIRECTORS, TERM LIMITS

The Executive Director and the Technical Director are indefinite positions & can only be replaced with their expressed consent. There can be three additional positions: the 1st Board of Director, the 2nd board of Director, and the 3rd Board of Director, making five executive positions in total. The 1st, 2nd, and 3rd Board of Directors shall serve an initial term of four years and each Board of Director position is eligible for renewal.

P. MISCELLANEOUS

With the exception to Sections O and P of this document, Rule Book changes will be made during the November CBR meeting of the current year so that its subsequent publication will be in January of the following year. In exigent circumstances, the Executive Director reserves the right to implement immediate changes to the CBR Rule Book.

CBR Board of Directors, 2005

Executive Director	Chris Lotts
Technical Director	Vera Grunke
Board of Director	Bill Mock
Board of Director	Walter Long
Board of Director	Charles Legeman

CBR Officials, 2005

CBR Official	Bill Mock
CBR Official	Bill Blokzyl
CBR Official	Jim Wiznura
CBR Official	Mike McMahon
CBR Official	Julio Flores
CBR Official	Tren Morris
CBR Official	Vera Grunke
CBR Official	Christopher Lotts

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