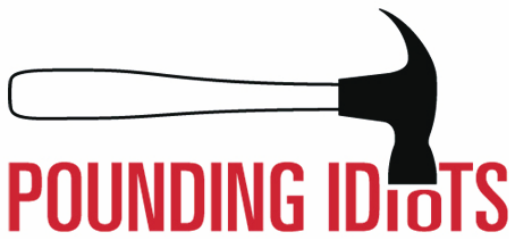


May 04, 2008 [Sun]-\$5,000+ in cash & prizes!

# VNC Racing's Pounding Idiots Criterium

BAR Series #5 of 9 or 10!

USCF racers receive a **FREE**, 1-day CBR license! CBR annual members take \$6 off entry fee!



Category/Class	Time	Start Time	Places	Limit	Purse	Fees
Category V-Public (free clinic)	30 min.	7:00 a.m.	3	50	Medals, top-3	<b>\$19</b>
Masters 40+ IV/V BAR Series	40 min.	7:45 a.m.	5	100	\$250 (Cash)	<b>\$26</b>
Category IV BAR Series	45 min.	8:25 a.m.	5	100	\$250 (Cash)	<b>\$26</b>
Masters 50+ *BAR Series	45 min.	9:10 a.m.	5	100	\$500 (Cash)	<b>\$28</b>
Masters 30+ III/IV BAR Series	45 min.	9:55 a.m.	5	100	\$250 (Cash)	<b>\$26</b>
Masters 40+ I/II/III *BAR Series	50 min.	10:40 a.m.	10	125	\$1,000 (Cash)	<b>\$29</b>
Women I-III BAR Series	40 min.	11:30 a.m.	5	100	\$250 (Cash)	<b>\$26</b>
Women IV	30 min.	11:31 a.m.	3	50	Medals, top-3	<b>\$19</b>
Masters 30+ I/II/III *BAR Series	60 min.	12:10 p.m.	10	125	\$1,000 (Cash)	<b>\$29</b>
Category III BAR Series	50 min.	1:10 p.m.	5	100	\$250 (Cash)	<b>\$26</b>
Pro-Elite I/II Men *BAR Series	100KM	2:00 p.m.	10	125	\$1,000 (Cash)	<b>\$29</b>

<b>Pro Racers</b>	Eligible for Pro-Elite category purse and primes only: cannot race in age-graded, i.e., MASTERS categories	
<b>Free Clinic</b>	Cat. V racers receive a <b>FREE</b> clinic before race (numbering, cornering, group racing, front-wheel protection, teams)	
<b>Licensing &amp; Other</b>	CBR annual, licensed members can deduct \$6 from their entry fee. <i>Cash purse: if field is 50% full or less, then purse is 50%. Extra races \$10.</i>	<i>Course is .9 miles long with 4 R-hand turns!</i> Women race <b>FREE</b> after 1st race paid!
<b>Registration</b>	Opens at 6:00 a.m. Waivers can be obtained at race or can be downloaded at: <a href="http://www.CaliforniaBicycleRacing.org">www.CaliforniaBicycleRacing.org</a>	
<b>Payment</b>	Pre-registration (info needed [name/race event/racing category/team/age] and payment) must be received no later than May 1, 2008; otherwise, add \$7. Waivers can be signed on race day. Entries paying by credit card, go to: <a href="http://www.SoCalReg.com">www.SoCalReg.com</a> No refunds, no temporary checks, and no two-party checks! Mail checks (personal, business, or cashier's) or money orders & make them payable to: <b>VNC Racing; Post Office Box 114; Sunset Beach, CA 90742.</b>	
<b>Support</b>	No liability for lost/stolen wheels. Helmet worn at all times while on race course. Common courtesy to officials, staff, and volunteers is expected! 2008 CBR Rules & Regulations in effect. <b>BAR points awarded only to annual members</b>	
<b>Directions</b>	<b>NEW!</b> From 405 Freeway, exit <b>Wilmington</b> , go north to <b>Charles Willard</b> , then turn right & make another right-turn to parking on Broadwick. From 91 Freeway: exit <b>Wilmington</b> , go south to <b>Charles Willard</b> , then turn left & make another right-turn to parking on Broadwick. <b>Registration at corner of Broadwick/Paulhan (Turn 1 of race course)</b>	
<b>Questions</b>	Call Christopher Lotts 714/356-1214; email at <a href="mailto:VNCRacing@hotmail.com">VNCRacing@hotmail.com</a>	

## The 2008 BAR Series!

<b>Race #10</b>	The CBR Best All-around Racer (BAR) Finale	<b>08/03/08</b>
<b>Race #9</b>	The Long Beach Crit	<b>07/20/08</b>
<b>Race #8</b>	TBA	<b>JUN-JUL?</b>
<b>Race #7</b>	The CBR State Criterium Championships	<b>06/08/08</b>
<b>Race #6</b>	The Memorial Day Criterium	<b>05/26/08</b>
<b>Race #5</b>	The Pounding Idiots Criterium	<b>05/04/08</b>
<b>Race #4</b>	<del>The Garden Grove Criterium</del>	<del>04/20/08</del>
<b>Race #3</b>	<del>The 2nd Annual DASH 4 CASH Criterium</del>	<del>03/02/08</del>
<b>Race #2</b>	<del>The 6th Annual Anger Management Criterium</del>	<del>02/17/08</del>

## Best All-around Racer

### BAR Series!

BAR Points to CBR top-20 finishing racers

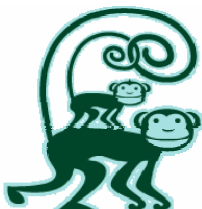
1 <sup>st</sup> -21pts	6 <sup>th</sup> -15pts	11 <sup>th</sup> -10pts	16 <sup>th</sup> -5pts
2 <sup>nd</sup> -19pts	7 <sup>th</sup> -14pts	12 <sup>th</sup> -9pts	17 <sup>th</sup> -4pts
3 <sup>rd</sup> -18pts	8 <sup>th</sup> -13pts	13 <sup>th</sup> -8pts	18 <sup>th</sup> -3pts
4 <sup>th</sup> -17pts	9 <sup>th</sup> -12pts	14 <sup>th</sup> -7pts	19 <sup>th</sup> -2pts
5 <sup>th</sup> -16pts	10 <sup>th</sup> -11pts	15 <sup>th</sup> -6pts	20 <sup>th</sup> -1pt

**\*BAR Series pays \$1,000 to top-10 overall!**



Entryworks.com

**SIMPLY** fit



PARENTAL ADVISORY EXPLICIT CONTENT